



NSS Unit
Government Degree College Theog,
Distt Shimla



Report on Health Camp at Government College Theog

Date: 29 September 2025

Venue: Government College Theog

A Health Camp was successfully organized at Government College Theog on 29th September 2025 with the objective of promoting health awareness and preventive care among students. The camp primarily focused on checking the hemoglobin levels of girl students and spreading awareness about the importance of a balanced diet and common health issues.

A dedicated team of doctors and laboratory staff from Matiyana visited the college and efficiently conducted hemoglobin tests for approximately 200 girl students. The medical team also interacted with the students and guided them about maintaining proper nutrition, identifying symptoms of anemia and other diseases, and adopting healthy lifestyle practices.

An informative awareness session was conducted during the camp, where the doctors emphasized the significance of a balanced diet, regular health check-ups, and early detection of deficiencies. The session proved highly beneficial and interactive, with students actively participating and seeking guidance regarding their health concerns.

The NSS volunteers of the college participated wholeheartedly in the event. They assisted in the smooth organization of the camp, helped in managing student registration and queues, and ensured proper coordination between the medical team and participants.

The Health Camp was a meaningful initiative that contributed to enhancing health awareness among the students. The college administration expressed sincere gratitude to the visiting medical team from Matiyana and appreciated the dedicated efforts of the NSS volunteers in making the programme a success.



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GPS Map Camera
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Lat 31.120688, Long 77.356146
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